

## ARC's biennial conference

'Screening Expectations - The impact on women and professionals of advances in antenatal screening'  
21st September 2015

Welcomed over 200 attendees.  
World renowned expert speakers including: Professor Lyn Chitty and Professor Kypros Nicolaides.

### Evaluation was uniformly positive:

"Well chaired, good venue. ARC and their work inspires me to keep going in a beleaguered NHS. Excellent conference, thank you."

"Many thanks for an extremely informative day. Keep up the fantastic work you do at ARC."

## Looking Forward

### Five aims for next year

- 1** Increase UK wide reach.
- 2** Update our online resources for parents and healthcare professionals.
- 3** Establish a UK directory of therapists and counsellors who can provide help for ARC parents.
- 4** Develop our student training programmes across all health professional groups.
- 5** Work collaboratively with other pregnancy/baby bereavement charities to establish a standardised bereavement care pathway.

## Thank You

**Thank you** to everyone who donated to ARC, your donations really do make a big difference.

**Special thanks** to Uniserve, Source Bioscience, Ariosa Diagnostics, Natera, Premier Scans, Diagnostic Ultrasound Services, Ultrasound Direct, Beard Mill Clinic and Carr Creative.

ARC  
Antenatal Results & Choices

**ARC's national helpline**  
Want to talk? Call **0845 077 2290** or  
**0207 713 7486** from a mobile

**We need your support**  
Ensure we can continue to support parents  
in years to come, donate online at [www.arc-uk.org/donate](http://www.arc-uk.org/donate)

ARC  
Antenatal Results & Choices

345 City Road, London, EC1V 1LR  
Call **0207 713 7356**  
Email [info@arc-uk.org](mailto:info@arc-uk.org)  
Visit [www.arc-uk.org](http://www.arc-uk.org)  
Facebook [www.facebook.com/antenatalresultsandchoices](http://www.facebook.com/antenatalresultsandchoices)  
Twitter [www.twitter.com/ARCantenatal](http://www.twitter.com/ARCantenatal)  
Registered charity in England and Wales no. 1148653.  
Registered charity in Scotland no. SC046380. Registered company 08085949.  
Annual review designed by [www.carrcreative.co.uk](http://www.carrcreative.co.uk)

ARC's impact  
2015-2016 Annual Review

# About ARC

**1** We believe that every parent should have access to non-directive information and support through antenatal testing and its consequences.



**2** We seek to remain at the forefront of policy development and work in partnership with policy makers and healthcare professionals in order to achieve best care for parents.



**3** We believe that parents must be able to make choices based on their individual circumstances.



## Working with policy makers, researchers and the media

ARC's Director sits on UKNSC, Fetal, Maternal and Child Health Group, Fetal Anomaly Programme Advisory Group. She was asked to chair the morning session of the very first UKNSC annual stakeholder meeting in London.

Over the year, ARC was regularly asked by the media to give expert opinion on antenatal screening. As the debate around non-invasive prenatal testing for Down's syndrome continued ARC's director was interviewed on BBC Radio 4's Today Programme, Channel 4 News and 13 local BBC radio stations.



Online **85,284** website visitors - **15%** increase on last year  
**1864** forum users - **9%** increase on last year

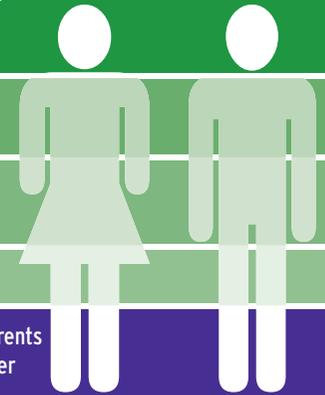
## Support to parents

6,851 helpline contacts by phone and email

411 newly bereaved parents supported

2061 parent members

Face-to-face meetings for parents held in London and Manchester



"We wanted to get in touch to thank you so much for the support you gave us in such a trying time. I have recommended you over and over again and talk about you so highly." Parent 2016

"I am so grateful to you for all the helpful and supportive advice you have given to my niece after she had to take the dreadful decision to terminate her pregnancy following the results of her 20 weeks scan." Relative of parent 2016

## A Focus on Scotland



0.2 wte staff.

Training workshops held at Ayrshire and Wishaw Maternity Units.

Lectures given to midwifery students at Caledonian and Napier Universities.

Talks given to clinical geneticists at the Department of Medical Genetics in Glasgow.

A new network of key professional and voluntary sector contacts established across Scotland.

## Working with healthcare professionals to improve care

Training workshops held in London, Swansea, Wishaw, Harlow, Nottingham, Wigan, Glasgow, Shrewsbury, Tunbridge Wells, Hereford.

Worked with British Pregnancy Advisory Service (bpas) to run joint 'open clinic' sessions for NHS staff at bpas clinics in Merseyside, Streatham, Doncaster, Bournemouth, Leamington Spa.

Provided training to student doctors, midwives and sonographers at University of West London, King's College, Queen's University Belfast, The University of Northampton and Cardiff University.

"I just wanted to say how much I enjoyed it today, whilst it was a lot to take in I found the day absolutely amazing and when the opportunity arises I will definitely be talking to the superintendent about promoting your services more. You can guarantee you'll see me again for day 2 and 3 and then another rerun of day 1!" Trainee Sonographer, Portsmouth

695 healthcare professionals attended training

2000 healthcare professionals reached

4% increase on membership

## Financials

### Income

Total	221,668	<div style="width: 100%;"></div>
Donations	75,320	<div style="width: 34%;"></div>
Grants	43,800	<div style="width: 20%;"></div>
Fundraising	60,745	<div style="width: 27%;"></div>
Professional training	26,781	<div style="width: 12%;"></div>
Publications	7,537	<div style="width: 3%;"></div>
Other	7,485	<div style="width: 3%;"></div>

### Expenditure

Total	238,492	<div style="width: 100%;"></div>
Governance	35,373	<div style="width: 15%;"></div>
Fundraising costs	14,650	<div style="width: 6%;"></div>
Support and information	139,156	<div style="width: 58%;"></div>
Professional education	49,313	<div style="width: 21%;"></div>

This financial year left ARC with a deficit of £16,824.

The trustees have always sought to maintain a sufficient level of reserves to secure our capacity to continue to deliver services and look ahead confidently.